

Collect.

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: Give us grace to discipline ourselves in obedience to your Spirit; and as you know our weakness, so may we know your power to save. We ask this through your Son our Saviour Jesus Christ who is alive and reigns with you and the Holy Spirit, one God world without end. AMEN

A Reading from the Book of Genesis.

Gen 2.15-17; 3.1-7

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, ‘You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.’ Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, ‘Did God say, “You shall not eat from any tree in the garden”?’ The woman said to the serpent, ‘We may eat of the fruit of the trees in the garden; but God said, “You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.”’ But the serpent said to the woman, ‘You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.’ So, when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Psalm 32: “You are my hiding place, O Lord”**A Reading from St Paul’s Letter to the Romans.**

Rom 5.12-19

Just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man’s trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man’s sin. For the judgement following one trespass brought condemnation but the free gift following many trespasses brings justification. If, because of the one man’s trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free

gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore, just as one man’s trespass led to condemnation for all, so the act of righteousness of one leads to justification and life for all. For just as by the one person’s disobedience the many were made sinners, so by the one man’s obedience the many will be made righteous.

Hear the Gospel of our Lord Jesus Christ

according to Matthew. *Matthew 4.1-11*

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, ‘If you are the Son of God, command these stones to become loaves of bread.’ But he answered, ‘It is written, “One does not live by bread alone, but by every word that comes from the mouth of God.”’ Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, ‘If you are the Son of God, throw yourself down; for it is written, “He will command his angels concerning you,” and “On their hands they will bear you up, so that you will not dash your foot against a stone.”’ Jesus said to him, ‘Again it is written, “Do not put the Lord your God to the test.”’ Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, ‘All these I will give you, if you will fall down and worship me.’ Jesus said to him, ‘Away with you, Satan! for it is written, “Worship the Lord your God, and serve only him.”’ Then the devil left him, and suddenly angels came and waited on him.

Post Communion Prayer

Lord God you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; We ask this through your son Jesus Christ Our Lord. Amen

HYMN NUMBERS:

385 - Be thou my guardian and my guide.

95 - Forty days and forty nights.

324 - Sweet Sacrament divine.

SHEET - God forgave my sins in Jesus names.

496 - Lead us, heavenly father, lead us.

REGULAR EVENTS:**BIBLE STUDY:**

MONDAYS – 2.00pm at St. Anne’s church

RESUMES ON 13th APRIL

QUIET PRAYER “PEACE ADVENTURE”:

SECOND TUESDAY OF THE MONTH, at Wind Demons,

West Brack Drive from 2pm-4pm

& 7pm to 8pm

HEAR HERE CLINIC: 11-12noon

FOURTH WEDNESDAY OF THE MONTH

ALL UNLESS OTHERWISE UPDATED

DATES FOR YOUR DIARY:

WORLD DAY OF PRAYER

6th March – 2.00pm at St. Anne's

MEN'S BREAKFAST: 8.00am Saturday 28th

February at The Woolpack, Fishbourne.
Speaker Chris Lubb was an activist against apartheid in South Africa and, subsequently, bodyguard to Nelson Mandela

LENTEN PROGRAM

EVERY FRIDAY from 20th February – 12noon

Stations of the Cross at St. Anne's

LENTEN LUNCHES..... Fridays from 12.30pm

27th February - tba

6th March – Maureen Warwick, 21 Foxwarren Close

13th March – Julie Munro, 18 Elcombe Close, Brack

20th March – Rosie Hills, 33 Eton Drive

27th March – tba

LIST AT THE BACK OF THE CHURCH FOR OFFERS

LENT COURSE BASED ON THE BOOK, "LENT WISE".

Books available from Myra for £8 – please place your order with Myra.

Dates:

Thursday 26th February 10.45 for refreshments

11.00am start

From then onward – **Wednesdays 10.45** for 11.00am

HOLY WEEK DETAILS LATER

Services this Week

All services at St. Anne's unless otherwise stated

TUESDAY 7.00pm – Said Eucharist

WEDNESDAY 10.00am Said Eucharist

FRIDAY 12.00noon Station of the Cross

Midweek services are held in the side chapel

Services Next Sunday

(Last Sunday in the month 8.00am BCP)

1st March 2026 – Lent 2

8.00am Said Eucharist St. Anne's

9.00am Sung Eucharist Earnley

10.15am Sung Eucharist St. Anne's

Readings: Genesis 12:1-4a

Romans 4:1-5, 13-17

John 3:1-17

Please send any notices for Pews News to

Barbara Blundell no later than

WEDNESDAY EVENING.

Tel: 670791 or email barbs.blundell@btinternet.com.

The Parishes of Earnley with East Wittering and Almodington

Pews News.

www.facebook.com/stanneschurcheastwittering

<http://stanneseastwittering.org.uk/>

We welcome all visitors to our churches.

All communicant members of Christ's church are warmly invited to receive the Sacraments. If you do not receive the sacraments then please come forward for God's Blessing.

(All services are at St. Anne's unless indicated)

22nd February 2026

Lent 1

Before the service and after the second bell, talk to God through quiet prayer and silent devotion, bringing to the Lord those events of your past week, and after the service, then talk to your friends.

If you are a visitor to our church, making a donation in the collection, and you are a taxpayer, the PCC would be very grateful if you could put your donation in one of the envelopes available at the end of the pews, and sign the Gift Aid Declaration on the envelope. In this way, the Church can claim a further 25p for every £1 you give. Thank you.
PLEASE MAKE CHEQUES PAYABLE TO "E.W.P.C.C."

Services today

(Last Sunday in the month 8.00am BCP)

8.00am Said Eucharist St. Anne's

9.00am Sung Eucharist Earnley

10.15am Sung Eucharist St. Anne's

4th SUNDAY of the month – Healing & Anointing

Intercessions

The sick and those who have asked of our prayers:

Fr. John, Judy Williams, Nick Carter, Lorraine Hall, Len Holliday, Jean Church, Florence Sumakoloy, Margaret Bate, Michael Pettman, and members of our congregation who are unwell today.

From our families and friends, we remember

Baby Phoebi, Gerry Davies, Millie Polhill, Sally, Sherline Smith, Matthew Finch, Suzy Tyne, Sue Knight, Ann & Jeff Parks, baby Logan, Pat & John Cox, Jules Pettitt, Dorothy Dixon, Lizi Benjamin, Alan Wilson, Tula Hunt and her family, Gemma Hall, Paul Mitchel. Also, all those in our local nursing homes & rest homes, the housebound, those who care for them, and all who have been recently bereaved

The Recently Departed

Ursula Foster

Those whose years mind falls at this time

Winifred Ide, Kathleen Trueman, Lindsay Nugent, Malcolm Young, Cathy Fethney, Maureen Churchill, Josie Robertson, John Gibbs,